Opening up new horizons of manufacturing - micro devices revolutionize the world.

Norihisa Miki
Assistant Professor
Department of Mechanical Engineering
Imagine a bedridden patient, who wants to drink a cup of tea, can communicate his/her intention to others by simply turning his/her eyes to a pot and tea cup. If we can understand what the elderly and small children tend to look at while moving around town, it will contribute to safety-assured urban planning. Or if consumers can get a feel of products shown on a display screen, possibilities for Internet shopping will greatly expand...

Attempts are now being made to digitize sensory information (visual sensation, tactile sensation, etc.) for application in communication. MEMS (Microelectromechanical Systems) plays the central role in the manufacturing of such key devices. In this issue we listened to Assistant Professor Norihisa Miki, Department of Mechanical Engineering, Keio University Faculty of Science and Technology, who is actually making such devices using MEMS.

MEMS technology plays an active role in the industrial world

Some two decades has passed since AT&T’s Bell Telephone Laboratory in the United States launched in 1987 a silicon micro gear less than 0.2mm in diameter. During this period, MEMS (Microelectromechanical Systems) has steadily evolved and grown into a technology indispensable for today’s industrial world. A fine example of a MEMS-applied product in our daily life is portable electronic game consoles. For example, as you incline a game console, a ball drawn in the screen begins to roll. But the rolling ball comes to a halt as you bring the console back to a horizontal position. MEMS technology can make such sensory movements more realistic. It is also applied extensively to many other fields that impact our lives, including automobile air bag motion control.

"MEMS technology is contributing immensely to innovation of the measuring instrument technology that covers impact detection sensors, acceleration sensors and flow rate sensors. Indeed, its application ranges from automobiles to cellular phones. Perhaps you may know of a game played by swinging a controller like a baseball bat or tennis racket. This game incorporates MEMS technology,” remarks Dr. Miki.

MEMS is a technology indispensable to “manufacturing” activities that require precision of a micromillimeter. Taking advantage of this technology, the Miki Laboratory is pursuing the development of devices that offer truly innovative functions.

Detecting our lines of sight

The Miki Laboratory addresses a wide scope of research fields ranging from information/communication to medical care and welfare. This extensive scope reflects the wide range of MEMS applications. One of the research endeavors at the Miki Laboratory is an attempt to make human line of sight as an interface device in place of keyboards...
“Many studies have been conducted so far on detection of human line of sight. However, most of these endeavors involved the use of large-scale equipment like setting a camera in front of the subject, which often caused mental stress on the subject. This is why I wanted to develop a system that allows us to conduct such experiments as naturally as possible while significantly reducing the burden on the subject.”

When conceiving how to detect line of sight, a concrete image of an application Dr. Miki had in mind was the “scouter” appearing in the popular animation “Dragon Ball.” The scouter is an advanced tool resembling the monocle that was in fashion in Europe in the 19th century. If one stares at an object through the lens, the scouter recognizes the object in front of the line of sight. It then digitalizes pieces of information such as the object’s battle capability, the distance and direction from the scouter to the object, and displays the information on the lens.

“Equipment almost comparable to the scouter wouldn’t only be a dream if we had a technology capable of accurately determining the line of sight. Convinced that such equipment would blossom into a promising technology, I made up my mind to develop a line of sight detecting device based on MEMS. This detector would allow one to complete the process of information acquisition only by looking at the object. For example, the line of sight would point to the object, staring for a single click and two winks for a double click,” says Dr. Miki delightfully. But he is actually serious and highly motivated, saying “I conceive like an amateur and achieve the project with professional technology.”

The Miki Laboratory thus embarked on the development of a spectacle-type line of sight detection system. A new method was devised to locate the eye pupil positions. In this method, transparent micro optical sensors are arranged at regular intervals on the left and right lenses. Information from these sensors is analyzed to detect the line of sight.

The task of arranging micro sensors on glasses - extremely difficult with the existing technology - could happen thanks to MEMS, which led to the development of a spectacle-type, easy-to-wear line of sight detection system. Much is expected of this system as an innovative communication tool and human interface device.

**Reproducing tactile sensation**

Application of the MEMS technology is not limited to digitalization of human sensibility as the line of sight detection system does. It is also applied to the development of devices that allow stimuli to be input directly into the human skin. One such example is the tactile sensation display.

“Although visual and audio programs that stimulate human visual and auditory senses have been highly developed, the field of tactile sensation has long remained dormant. This is because physical stimuli had to be applied directly to the skin. Tens to some 100 microns of change in momentum is required for a human to feel a stimulus. However, MEMS, which is geared to handling a stimulus in units of several microns, is not good at handling momentum changes in units of tens of microns. This posed a problem.”

In order to solve this problem, he developed an actuator by applying the principle of a hydraulic system - a system capable of amplifying momentum of several microns to 100 microns. This led to the development, though at the lab level, of a highly practical braille display system.

“Recent studies indicate that the human skin can feel a stimulus with much less energy if you apply the stimulus with fine vertical vibrations, rather than simply pressing it against the skin. I’m now engaged in research one step ahead, assuming that even less energy would be required if spatial vibrations - horizontal and vertical - were added. Fine motion is a field MEMS is good at, you know...”

Based on these achievements, Dr. Miki plans to bring to light how humans will recognize tactile sensation through various kinds of stimuli given.

**What “manufacturing” means in the world of MEMS**

Methods of human interface come in various forms, such as digitalization of visual information and the technology to convey external information as tactile sensation. The ultimate form, Dr. Miki thinks, will be the Brain-Machine Interface (BMI). “I’m interested in the BMI study Dr. Ushiba (Department of Biosciences & Informatics) is addressing. Both of us joined forces to create an electrode needle to detect brainwaves based on MEMS (for details of BMI, please refer to issue #1 of “New Kyurizukai”). The needle, only 200 microns in length, can break through the horny layer of skin that impedes electrical information, but does not reach the pain spot. It has a “moderate” hardness as its point can stick into the skin and yet cannot be broken or come off even when the person moves. The pursuit of “moderate balance” in the microscopic world has not been systematically studied so far. As such, it’s an intriguing theme even from the viewpoint of mechanics. We are now promoting joint research with the Material Strength Mechanics Laboratory of the Department of Mechanical Engineering.

Because of the fineness it deals with, MEMS sometimes encounters difficulties like the inability to adapt to rules of “ordinary manufacturing” including changes in characteristics due to scale effects. On the other hand, such difficulties seem to offer exciting challenges as Dr. Miki says. Expectations are high for MEMS with vast potentials despite its small appearance.

(Reporter & text writer: Kaoru Watanabe)
Leading MEMS studies with the spirit, “Conceive like an amateur and do the job professionally.”

“I hate the word ‘setback,’” says Dr. Norihisa Miki. In Japanese, “setback” is written in two characters: “being disheartened” and “breakdown.” He maintains a belief that you’ll be okay if you are not broken mentally when you experience a setback. With his inquisitive character coupled with a challenger’s spirit and inborn brightness, Dr. Miki is pushing forward through his career as a research scientist. Under a motto of “Enjoy what you’re doing,” he strives to open up new horizons for MEMS, demonstrating his unrestricted power of conception and taking advantage of substantial achievements he has accumulated.

As a small boy, was it your dream to become a research scientist?

No (laughter). I was born in the city of Tatsuno, Hyogo Prefecture. My family is a long-standing soy sauce maker - an environment having nothing to do with academic research. Fortunately my standing at school was so good that as an elementary school boy I also attended a college-oriented cram school famous for Spartan education. Then I advanced to a college-oriented school with consistent junior and senior high school education, and advanced to the University of Tokyo’s Faculty of Engineering. It was like a natural course of events (laughter). As I recall those young days, I think I could devote myself to studying because I had a number of friends with whom to compete and enjoy learning, rather than because I liked studying.

You mean you didn’t have hard time studying?

Not then but now I’m having hard time (laughter). I may be a type of person who can handle almost anything rather smartly but doesn’t have any particular field at which he is incomparably strong. As such, I chose my course without a definite intention or desire. During the first and second years at the university, I was interested in biology and elementary particle physics. But it was about the time for me to advance to an undergraduate course that a new field of study known as “virtual reality” came into the spotlight. Intrigued, I chose to advance to the Department of Mechano-Informatics. Later I became interested in robotics. When choosing a seminar as a senior, I was admitted to the laboratory of Professors Hirofumi Miura and Isao Shimoyama, the authorities of robotics.

In those days, the "ASIMO" robot was yet to be announced by Honda Motors, and research into biped walking robots and artificial intelligence was almost at a deadlock. Amid such circumstances, in an attempt to find a breakthrough, the laboratory just began studies on micro robotics. Assuming that if a human being is the model for a biped robot, then an insect should be the model for a micro robot, I began studying to create an insect-type robot based on MEMS.

What makes studies on small objects is that a force that can work on an object varies according to the size of the object. For example, if an object's size becomes one-tenth its original size, its surface area becomes one-hundredth whereas its cubic volume becomes one-thousandth, meaning a drastically reduced force of gravity placed on the object. This is why a flea can jump to a height some 50 times its own height. This in turn means that a robot appropriate for its intended size can be designed by taking such a factor into account. For example, we can even say that the major difference between the wing of aircraft and that of insects mainly comes from the difference in scale. By the way, the topic of my graduation thesis was on a robot controlled by an insect. In this system, the robot moves following the movement of the insect as it walks on a ball.

You made effective use of your biological knowledge, didn’t you?

In this way I had fared as my personal interest went. But it was about that time that I began to think about my future more seriously. My options included succeeding my father in the family business and finding employment with a manufacturing company. As a Master Student, I had an opportunity to attend an overseas academic society meeting, accompanying my professors. I saw them shaking hands with foreign scientists and talking with them frankly. It was so “cool and impressive” that I made up my mind to advance to the doctor’s course (laughter). In fact, I found my life during the doctor’s course very fulfilling.

In those days, there were many opportunities for me to participate in exchange meetings involving different industries. Having talked with people from various industries and different occupations, I came to think that a life different from many others might be good although my way of life until then had been: “Don’t go against the flow.” This thought urged me to advance to the doctor’s course while most of my fellow students found employment in the business world. But I have no regret with my decision. Devoted to research from morning till dawn the next day when crows begin to crow (a little after 3:00 a.m.) - this had been my daily life at the lab back then.

At that time I was immersed in a project to create a tiny (less than 1cm in length) helicopter that can fly when a magnetic field is applied from the outside. When it comes to “flying,” letting wings rotate is much more efficient than letting them
Exerting unrestricted creativity to open up new horizons of MEMS...

Norihisa Miki

Based on MEMS (Microelectromechanical Systems) technology, Dr. Miki is developing diverse research activities in fields ranging from ICT and medical care to environmental conservation. Born in 1974 in Tatsuno City, Hyogo Prefecture. Completed the Doctor's Course, School of Engineering, The University of Tokyo in 2001. From 2001 to 2004, he served as a postdoctoral fellow and research engineer at MIT's Department of Aeronautics and Astronautics. From 2004 on, he works for Keio University as Assistant Professor. As for pastime, he was keen on heavy metal rock music as a high school boy, mahjong and fishing as a college student, and golfing thereafter.

After completing the doctor's course, you found employment with the Massachusetts Institute of Technology (MIT), didn't you?

Yes, I did. While I was imbued with the idea of going abroad to study after completing my doctor's course, an MIT professor in charge of the "MIT micro engine project," in which I was interested, just happened to visit our lab. I asked him if there was a vacancy for a researcher post there. I was told to send the required documents and called to come over for an interview. Then I was happily employed as a member of the project.

You seem to have followed a smooth, favorable path so far.

To begin with, I find myself a type who doesn't worry too much even when encountering a setback. I hate the idea that you have become stronger because you experienced a failure. Even if you suffer a setback, you shouldn't be broken - this is my philosophy of life.

I really enjoyed my life at MIT. In the micro engine project, I was making a small, silicon-based gas turbine the size of a button to be used in cellular phone power sources and micro rocket batteries. It was a big project and complete with the best possible equipment and environment.

Boston is home not only to MIT but also Harvard and Boston universities, among others. Many Japanese researchers from diverse fields study there. Once or twice a month exchange meetings were held, where I could meet and talk with many people. This helped greatly broaden my intellectual horizon.

Also worthy of note was the formation of an ice hockey team among Japanese researchers, taking place in the second year of my stay in Boston. Ice hockey was a sport totally new to me. I had never even experienced skating itself before. But it appeared so cool, which lured me to experience hands-on. What encouraged me was a typical reaction of Americans, who never fail to say "Good job!" only if I do my best no matter how poor the performance is. Motivated by this environment, I made up my mind to create a team with myself playing the central role if I were to meet the challenge. Like Japanese, we named our team "Sushis." The team’s basic rule was "No preliminary inspection." "Just join and try your hand at it if you are interested" - this was the team policy.

After fully enjoying your life at MIT for three years, you returned to Japan and came to Keio University, right?

"If I do something, I should do something exciting." With this determination in mind, I’m addressing research work exerting unrestricted creativity. Under the core theme of MEMS-based human interface, I'm currently handling a variety of research projects such as the sight line detector, tactile sensation display, and gestation/olfaction sensors. My motto, as my teacher Prof. Shimoyama taught me, is "Conceive like an amateur and do the job professionally." This means that you should do a job with professional skills to produce a perfect result while maintaining an amateur’s inquisitive mindset when conceiving.

There are 20 students at my lab, all cheerfully enjoying research work. During our training camp every year, we stage various recreational events and games such as paint ball (two teams using toy guns to shoot paint balls at each other), rafting, softball and so on. Of course they are serious when engaging in research, which is the main purpose. I think a balance between learning and distraction is important.

Taking advantage of a weekly colloquium at my lab, we have common knowledge tests among the members. Students take turns coming up with questions on any topic - foreign capital city names, kanji ideographs, history, movies - you name it. I think common knowledge is important because it helps to enhance the quality of our lives. It may surprise you, but knowledge we learned through topics for college entrance examination contains much common knowledge. Speaking of myself, the English language ability I had acquired through entrance exam English turned to be very useful later when making academic presentations and living overseas. Some say cramming is meaningless, but if you have acquired knowledge for education, it can be put to practical use.

In fact, I find my common knowledge highly useful when I communicate with foreign people. Topics like Japan’s isolation during the Edo Period are well received by them. Common knowledge must be also useful for expanding the scope of your research work. In addition to the academic basis required of researchers, I would like to foster my students into becoming persons of broad vision.

http://www.st.keio.ac.jp/kyurizukai

Just a word from . . .

A student: Dr. Miki is always cheerful, gentle and reliable. Learning many things from what Dr. Miki is doing, we are enjoying our campus life by maintaining a good balance between study and distraction.

(Reporter & text writer: Madoka Tainaka)
The top 5 impressive International conventions in my mind

Participating in academic conventions held in Japan and various parts of the world is one of the tasks of university teachers. Listed below are some of the conventions most impressive to me, along with photos taken during them.

**BEST 1**
MEMS 2008
(Tucson, Arizona, U.S.A.)
Overwhelmed by the exquisite desert, cactus and the sunset, I definitely wanted to capture the scenery like a professional cameraman. International conventions are often held in places ordinary tourists would rarely visit, which is exciting. At this convention, I met some of my colleagues at MIT, who jokingly asked, “Say, did you dye your hair white?” (laughter) Guess what happened to me during the four years at Keio...

**BEST 2**
MicroTAS 2007
(Paris, France)
Usually a banquet is offered for participants during international academic society meetings, where an entertainment event distinctive to the host venue is staged (Uzumasa Movie Village’s sword fighting show in Kyoto, a yodel performance in Switzerland, etc.). To our surprise, this particular convention allowed us to exclusively enjoy the Orsay Museum. What a luxury! (Photo shows the café that served as the stage for the French movie “Amélie.”)

**BEST 3**
ICRA 98
(Leuven, Belgium)
This event was memorable because I made my first presentation ever at an international convention. As it was my very first visit to Europe, I was on the go so much that I forgot the stress for the presentation soon to be made. I walked all around town, which almost wore out the new shoes I bought at Heathrow Airport on the way. On my way back after the society convention, I visited CNRS (Centre national de la recherche scientifique) in Marseille, France. (Photo: Marseille)

**BEST 4**
Hilton Head 2002
(Hilton Head Island, SC. U.S.A.)
This is an MEMS-related domestic convention in the United States. The most fantastic aspect of this convention is its “no necktie” rule. Japanese participants usually wear a necktie and a suit when attending conventions. But at this convention, everyone was wearing a polo shirt and shorts. Fired up and wearing a suit and tie, I was about to leave my room when a fellow participant suddenly stopped me and said “Oh no! You’ll have your tie cut into pieces!” Thanks to the unusual dress code, all participants were very frank and discussing actively - regardless of whether they were teachers or students. To everyone’s surprise, I won a golf tournament, an after-convention event! I kissed the championship cup in front of all of the participants (laughter).

**BEST 5**
MEMS 2000
(SEAGAIA, Miyazaki, Japan)
Though the venue was in Japan, this event was very impressive. I could make many new friends while I helped my supervisor then organizing the conference and... a karaoke sing-along music party! I still maintain friendly relationships with them, whom I met again recently at an international convention held in Hong Kong. At the MEMS 2001 held in Interlaken, Switzerland the following year, we went to a night club together. (Photo: Interlaken)

Out of the ranking, but...
MJISAT 2007 (Kuala Lumpur, Malaysia)
I participated in this convention together with my colleagues, Dr. Ushiba and Dr. Hotta. In the evening, we visited a downtown open-air stall area.

IEEE-NEMS 2007 (Bangkok, Thailand)
This event was organized by a Thai friend with whom I became acquainted in Miyazaki. In the evening, I enjoyed Thai boxing matches with a friend from Washington University.
Key Points of Clinical Examinations
-In Japanese
Clinical examination is the most promising field of MEMS technology application. This was introduced, as a book focused on clinical examination technology, by a medical doctor with whom I became acquainted during my days in Boston. Once in a while I open this book, looking for seeds of research. In addition to the research fields already explained in this publication, our Miki Laboratory also emphasizes medical fields of MEMS application. These include: an artificial kidney combining a membrane (with 1-nanometer holes) with micro channels, and cell integration technology based on micro swirls.

Microsystem Design
-In English
This great book was authored by Prof. Senturia, a former MIT professor and “Great Boss” of the MEMS field. It is a textbook used worldwide. I’m also using it at the “MEMS: Design and Fabrication” class of Keio’s International Course (I teach in English!). Most MEMS researchers now active in the United States are Prof. Senturia’s students or their students. Prof. Senturia is famous for showering the severest (!) questions at academic meetings. The moment he stands up to ask a question, the presenter’s tension doubles (laughter). But he is usually a very courteous gentleman. I owed much to him when I applied for employment with MIT. Based on his accumulated technology, Prof. Senturia established a company of his own several years ago. I heard that a sensor developed by his company was used in lunar surface probing.

One Piece
-In Japanese comics
This manga is a specific remedy for when you are depressed. This masterpiece arouses your adventurous mind. The Miki Laboratory boasts a collection of many manga books, including those donated by myself. I hope these manga books will help provide diversion when you are at a loss for study. Students - remember that these are only for the diversion; research work remains your primary target (laughter).

Memsys/Nems Handbook
-In English
This is the book I authored (only Chapter 1; though) for the first time. I wrote about my research theme during my years at MIT. My heart was full when this book was delivered to me as a hardcover. To my regret, it’s not a popular book that can be found at bookstores, and costs you over 1,200 dollars (laughter). But if you are really interested, please buy one. As a university teacher, I’d like to author a textbook on my own someday. To realize this dream, I must become the top-ranking person in my field, or establish a new field of research myself. I still have a long way to go.

Ubamegashi (Holm Oak)
“Ubamegashi” is a holm oak. In the background is a young oak tree that produces acorns. I bought this holm oak sapling about a year and a half ago wishing for prosperity of our lab. It is growing steadily. By the time I retire, “Ubamegashi” will grow into a huge tree as tall as 10 meters!

Introduction to Helicopters
-In Japanese
By reading this book, I learned about the history of helicopter and related dynamics. The micro helicopter I was researching had rotor blades made of a magnetic material, which began to rotate and generate thrust when an AC magnetic field was given from the outside. The helicopter successfully floated in the air when thrust exceeded the helicopter’s own weight at blade rotational speed of 540 rounds per second. It was autumn of the third year of my doctor’s course. I was steeped in joy - alone in my lab. Perhaps it is the smallest helicopter in the world.

At the Helm
-Translated in Japanese
This book is famous as it describes the mindset required of researchers when they establish their own labs. “Helm” means the ship’s rudder. University teachers, before becoming faculty members, are basically individual researchers while they may sometimes engage in joint group research. They are not required to guide students either. Once they become full faculty members, they have their own laboratories and must take care of students, assigning research themes to them and helping them to graduate. Including myself, there must be a lot of teachers puzzled by such drastic changes. When I faced this problem, a senior friend of mine during my college days introduced this book to me. I learned many things from this book: What do you like your lab to be like?; How are you going realize your ideal? . . . As a result, I aim to make my lab a place “always filled with laughter, sweat, and shouts for joy.”

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-In Japanese
This great book of clinical examinations is the most promising field of MEMS technology application. This was introduced, as a book focused on clinical examination technology, by a medical doctor with whom I became acquainted during my days in Boston. Once in a while I open this book, looking for seeds of research. In addition to the research fields already explained in this publication, our Miki Laboratory also emphasizes medical fields of MEMS application. These include: an artificial kidney combining a membrane (with 1-nanometer holes) with micro channels, and cell integration technology based on micro swirls.

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Science, Technology and Movies

Dr. Miki featured in this issue cites the movie "Fantastic Voyage" as a source of inspiration for his research work.

Released in 1966, the story of this American movie is that a team of medical specialists, on board a microscopically scaled-down submersible, is sent into the interior of the body of a VIP who suffered a cerebral hemorrhage. This film won acclaim because it reproduced the fantastic interior of the body back in those days when CG was not invented yet.

When it comes to science and technology-oriented films, you may instantly associate them with SF movies like "Avatar" and "Fantastic Voyage." In Japan, there are many people who were inspired by the animation "Astro Boy" and became robotics research scientists.

Putting SF films and comics aside, a number of serious scientific movies focused on actual scientists and engineers have also been produced in the United States, stimulating the younger generation.

An example of an old-time movie is "Arrowsmith" (1932) directed by John Ford, which featured a medical scientist dedicated to research. The late Keio University Prof. Emeritus Itaru Watanabe, the pioneer of molecular biology in Japan, once said in retrospect that as a young student he had been greatly influenced by this movie and set his mind on learning medicine.

"The Big Sleep" (1957), "Tucker" (1988) is a story about an engineer who strove to create a new-concept car with an innovative mechanism in the 1940s but failed in his attempt due to obstruction by the Big Three. The fact that this somber movie was created by prominent figures like G. Lucas (executive producer) and F. F. Coppola (director) reflects Americans' deep-rooted enthusiasm toward automobiles and technology.

In the movie "October Sky" (1999), the hero is an actual NASA engineer. The story: four high school boys in the countryside, stimulated by mankind's first artificial satellite "Sputnik," put into orbit by the Soviet Union, aim to create their own rocket.

While Japan advocates science and technology as the foundation of the nation, we regret that there are very few movies focusing on actual scientists and engineers as heroes or heroines.

Is there anyone who will volunteer to produce a film or video, featuring our Keio research scientists, for delivery to the world?

Editor's postscript

This issue, No. 3, featured Dr. Norihisa Miki who was born in March. I visited his lab assuming that all the lab members must be neat and scrupulous because they engage in micro/nano level research work. To my surprise, a conic hat for Christmas was still there as late as mid-January! Seeing this smile-provoking sight, I imagined them busy preparing for their graduation theses.

Dr. Miki is a cheerful person who likes to entertain people, often joking and purposely derailing his talk to other topics. Though he accepted our interview rather peacefully from beginning to end, he suddenly became giddy when asked to pose for a photo and revealed shyly by shouting for help "Someone, say something funny!" By the way, I asked students who were delightfully talking with him, "What type of person is Dr. Miki?" They suddenly became shy and slow to speak out. I wondered that people thinking of things in common and spending lots of time in the same environment might resemble each other in character.

Three issues of this publication have been published in rapid succession. Now it is time for us to pause for a while. We will see you again in the new school year around the time of fresh green leaves when we will start to hear cheerful voices of freshmen.

(Saori Taira)